# Gehana Booth

Aerial Artist, Performer, and Instructor CV October 2024

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# Coaching

3Sixty Dance and Fitness, 2019 - Present: Instructor

Current Class Offerings:

Aerial Hoop: Advanced Class

Aerial Hoop: Beginner/Intermediate Split Level Class

Trapeze: Intermediate+ Class

Aerial Hammock: Beginner/Intermediate Level Class

Mixed Aerials for Youth Classes (various age groups and levels)

# Workshops:

Intro to Doubles Aerial Hoop - taught with Kelsey Cross

Sequencing Sorcery: Building Seamless Aerial Hoop Combinations

#### Previous Class Offerings:

Pole: Intro Level Class
Pole: Beginner Level Class
Pole: Beginner Inverts Class
Pole: Intermediate Level Class

Aerial Hoop: Dynamic Intermediate + Level Class Aerial Hoop: Intermediate/Advanced Split Level Class

Aerial Hoop: Flow All Levels Class Be Bendy: All Levels Flexibility Class

#### Occasional Coverage:

Aerial Silks: Beginner/Intermediate Split Level Class

Acrobatics: All Levels Class
Pole: Pre-Advanced Level Class

I also offer private coaching and run pole, aerial silk, aerial hammock, trapeze, and aerial hoop parties.

#### **Shopify, 2018 - 2019:** Partner Acrobatics Instructor

Recreational beginner level class

# Choreography

# Bye Bye Bye - Group all-levels aerial hoop routine

3Sixty Dance and Fitness, Dancing Through the Decades - June 2024

#### California Girls - Solo aerial hoop routine

Tail Feather Productions, Wet and Wild Cabaret - May 2024

#### What the Water Gave Me - Solo aerial hoop routine

Tail Feather Productions, Wet and Wild Cabaret - May 2024

#### Cosmic Love - Duet aerial hoop routine

Tail Feather Productions, Troupes, Groups, and Garters - February 2024

#### Black and Gold - Doubles aerial hoop routine

Tail Feather Productions, Troupes, Groups and Garters - February 2024

# Walking In The Air - Solo aerial hoop routine

Tail Feather Productions, Holi-Slay Cabaret - December 2023

#### Sensual Sugarplum - Solo aerial hoop routine

Tail Feather Productions, Holi-Slay Cabaret - December 2023

#### **Cosmic Love** - Solo aerial hoop routine

3Sixty Dance and Fitness, Supernova Showcase - October 2023

#### Supermassive Black Hole - Group all-levels aerial hoop routine

3Sixty Dance and Fitness, Supernova Showcase - October 2023

# When Can I See You Again - Group all-levels aerial hoop routine

3Sixty Dance and Fitness, Rise Again Showcase - June 2023

# One Night to Dance - Mermaid themed solo aerial hoop routine; Original Conception 2019,

Reimagined 2023

3Sixty Dance and Fitness, Competition Team Showcase - February 2020

CPAC Eastern Regional, Aerial Hoop 2 - March 2023

Tail Feather Productions, Tail Feather Cabaret - September 2023

# Fast Car - Solo pole routine utilizing static and spin pole; 2022

PSO Canada East 2022, Dramatic Level 3, 1st Place - October 2022

#### Carnival of Rust - Solo aerial hoop routine; 2020

CPSAF Aerial Sports Championship (Virtual), Women Aerial Hoop Amateur, **1st Place** - November 2020

CPFC 2021 Virtual Competition, Aerial Hoop 2, 3rd Place - June 2021

3Sixty Dance and Fitness, Sugar Rush Showcase - June 2021

Tail Feather Productions, Tail Feather Cabaret - September 2023

Human - Solo aerial hoop routine; 2019

3Sixty Dance and Fitness, Saints and Sinners Showcase - October 2019

**Roxanne** - Duet aerial hoop routine, choreographed and performed with Kelsey Cross; 2019 3Sixty Dance and Fitness, Golden Glitz Showcase - June 2019

In the End - Solo aerial hoop routine; 2018

Ottawa Pole Fitness Showcase - June 2018

Paris - Solo aerial hoop routine; 2017

Ottawa Pole Fitness Showcase - June 2017

#### Performance

#### **Tail Feather Productions**

Tail Feather Cabaret - September 2023

One Night to Dance - Solo aerial hoop routine

Carnival of Rust - Solo aerial hoop routine

Tail Feather Holi-Slay Cabaret - December 2023

Walking In The Air - Solo aerial hoop routine

Sensual Sugarplum - Solo aerial hoop routine

Troupes, Groups, and Garters - February 2024

Cosmic Love - Duet aerial hoop routine

Black and Gold - Doubles aerial hoop routine

Wet and Wild Cabaret - May 2024

California Girls - Solo aerial hoop routine

What the Water Gave Me - Solo aerial hoop routine

Darlings After Dark - October 2024

Various group burlesque numbers with The Divine Darlings

Troupes, Groups, and Garters - January 2025

Darling Barbie - Group burlesque number with The Divine Darlings

# Vermont Burlesque Festival - January 2025

Eat the Rich - Group burlesque number with The Divine Darlings

Taboo Show - October 2024

**Ambient Aerial Performances** 

Rouge Studio Showcases - March 2024, May 2024, December 2024

#### Various group burlesque numbers with The Divine Darlings

#### **Tamir Foundation Annual Community Carnival** - July 2023

Ambient Aerial Performances

#### CPAC Eastern Regional, Aerial Hoop 2 - March 2023

One Night to Dance - Solo aerial hoop routine

#### PSO Canada East, Dramatic Level 3, 1st Place - October 2022

Fast Car - Solo pole routine utilizing static and spin pole

#### CPFC 2021 Virtual Competition, Women Aerial Hoop Amateur, 3rd Place - June 2021

Carnival of Rust - Solo aerial hoop routine

# **3Sixty Dance and Fitness**

Golden Glitz Showcase - June 2019

Roxanne - Duet aerial hoop performance, choreographed and performed with Kelsey Cross

Saints and Sinners Showcase - October 2019

Human - Solo aerial hoop performance

Competition Team Showcase - February 2020

One Night to Dance - Solo aerial hoop performance

Sugar Rush Virtual Showcase - June 2021

Carnival of Rust - Solo aerial hoop performance

Intermediate Level Pole Troupe Performer

After Dark Troupe Performer

Supernova Showcase - October 2023

Cosmic Love - Performed in tandem with Kelsey Cross

# CPSAF Aerial Sports Championship (Virtual), Women Aerial Hoop Amateur, 1st Place -

November 2020

Carnival of Rust - Solo aerial hoop performance

#### **Ottawa Pole Fitness**

Paris - Solo aerial hoop performance; June 2017
In The End - Solo aerial hoop performance; June 2018

#### **Photoshoots**

#### **Portrait Photography Sessions**

Army Crane Aerial Shoot; October 2023

Greenhouse Shoot; November 2023

Kingston Penitentiary Shoot; November 2023

Crossfit Gym Shoot; December 2023

Diefenbunker Gold Vault Shoot; January 2024

Light Painting Experimental Shoot; April 2024 Diefenbunker Gold Vault Shoot; April 2024

Bridge Shoot; May 2024

Geodesic Dome Experimental Shoot; May 2024

Rain Shoot; September 2024

Space Dome Shoot; September 2024 Army Crane Aerial Shoot; October 2024

#### **KM Photography Photoshoot**

Collaborative aerial hoop photoshoot; April 2023

Group collaborative aerial hoop and aerial silks photoshoot; August 2023

Circus-themed outdoor photoshoot; September 2023

# **HFTB Photography**

Studio photoshoot; August 2023

Divine Darlings photoshoot; October 2024

# **BH Photography**

Flour photoshoot with aerial hoop; March 2023

# **3Sixty Dance and Fitness Instructor Photoshoots**

Photoshoots with various aerial apparatuses to create promotional material for the studio; November 2021, September 2022, November 2023

#### **Kaylens Photoshoot**

Aerial hoop and acrobatic photoshoots; March 2022

Outdoors aerial hoop, pole, and acrobatic photoshoots; September 2021

Outdoors aerial hoop; September 2023 Burlesque collaboration; November 2023

# Training and Education

#### **Training**

Aerial Acrobatics: 2015 - Present

Specializing in solo aerial hoop, aerial hammock, pole, basic tumbling, flexibility, and acrobatics

Burlesque: October 2023 - Present

Divine Darlings Burlesque Troupe Member - October 2023 - Present

Partner Acrobatics: 2017 - 2020

Offered weekly recreational classes at Shopify from 2018 - 2019

West Coast Swing Partner Dancing: 2016 - 2020

Underground Roots West Coast Swing Dance Team - Performer, 2016

# **Certifications**

Alixa Flexibility: 2022

Module 1 Alixa Flexibility Instructor Certification Course Module 2 Alixa Flexibility Instructor Certification Course

# Spin City: 2020

Grounded Hoop Instructor Certification Course
Flexibility for Pole and Aerial Instructor Certification Course
Strength and Conditioning for Pole and Aerial Instructor Certification Course

#### **Canadian Pole Fitness Association: 2019**

Beginner Aerial Hoop Instructor Certification Course

# Awards

# PSO Canada East 2022 - Dramatic Level 3, 1st Place

Fast Car - Solo pole routine

# CPFC 2021 Virtual Competition - Aerial Hoop 2, 3rd Place

Carnival of Rust - Solo aerial hoop routine

# CPSAF Aerial Sports Championship (Virtual) 2020 - Women Aerial Hoop Amateur, 1st Place

Carnival of Rust - Solo aerial hoop performance

# Specialty Skills

Basic Conversational Dutch
Extremely well organized and punctual